



Ministry of Youth Affairs and Sports  
Government of India

#अबइंडियाखेलेगाकिबॉक्सिंग



7<sup>th</sup>  
OPEN



# INTERNATIONAL KICKBOXING TRAINING CAMP

(ALL DISCIPLINES)

Organized By: WAKO India Kickboxing Federation®

Associate With: Tamilnadu State Amateur Kickboxing Association

Recognised By: Ministry of Youth Affairs & Sports, Govt. of India

Member: World Association of Kickboxing Organisations (WAKO)



19<sup>th</sup>-28<sup>th</sup> APRIL, 2024  
OOTY, TAMILNADU



1st STAGE SELECTION & PREPARATION FOR



National  
Elite Athletes  
Program 2024-25

Children, Cadets  
& Juniors World  
Kickboxing  
Championships 2024  
Budapest, Hungary

6th Asian  
Indoor & Martial  
Arts Games 2024  
Thailand

Seniors  
Asian Kickboxing  
Championship 2024  
Vietnam

Qualifications for  
The World  
Games 2025  
China





## Message



I am filled with enthusiasm and excitement regarding the organization of the International Kickboxing Training Camp in Ooty, Tamil Nadu. It is indeed a wonderful opportunity for kickboxing players and coaches to come together and enhance their skills and knowledge in the field in the sport of KickBoxing.

The comprehensive training program that has been planned for the camp is commendable. It promises to provide invaluable education, information, and practical skills to all the participants. I have no doubt that this initiative will greatly contribute to the development and improvement of their existing expertise and positively impact coaches and athletes in India.

I join you in extending my best wishes to all the participants for a fruitful and successful training experience. May the International Kickboxing Training Camp achieve resounding success and leave a lasting impression on everyone involved.

**Roy Baker**  
President - WAKO IF



Following the successful culmination of the International Training Camp in Shilaroo, Shimla, we are thrilled to announce another special learning module on the horizon. It's inspiring to witness the enthusiasm of our members as they strive to enhance their skills for future endeavors. The upcoming International Training Camp presents a myriad of opportunities for athletes to receive guidance from WAKO's esteemed International and National Coaches. Additionally, the camp will feature special Medical Sessions and various Awareness Programs to ensure participants are abreast of industry developments. With a lineup designed to be both enriching and dynamic, we anticipate a highly productive program for all involved and eagerly await support from across the nation.

Jai Hind! Jai Bharat!  
#AbIndiaKhelegaKickboxing

**Santosh K. Agrawal**  
President - WAKO India  
Member - Technical Committee WAKO (IF)



## Information To Participants



|   |   |
|---|---|
| <b>Organizers</b>                       | <b>WAKO India Kickboxing Federation</b>   |
| Organizing Committee /<br>Contacts      | <b>Mr. Santosh K Agrawal</b><br>President<br>WAKO India Kickboxing Federation<br>Phone No. +919811986191<br>E. mail: wakoindiainfo@gmail.com  |
| Accommodation – Check in &<br>Check Out | Check in: 19th April 2024 from 10.00 am onwards.<br>Check Out: 28th April 2024 from morning 7 am to 10 am.<br>(9 Nights, 16 training Sessions)  |
| Registration                            | <b>Participation Fees:</b><br><br>60 Euro per day per person. The price includes full board in the Hotel Double sharing Accommodation (3 meals).<br><br>The Price does not include: transportation from/to the airport.<br><br><b>PAYMENT:</b><br>Send an email at wakoindiainfo@gmail.com with the Registration Form and send the same on or before 25th March 2024.<br><br>Kindly Transfer the amount in following bank account:<br><br>ACCOUNT NAME: WAKO INDIA KICKBOXING FEDERATION<br>BANK NAME : STATE BANK OF INDIA<br>C/A No. : 38259224505<br>IFSC CODE : SBIN0000734<br>SWIFT CODE : SBININBB383<br>BRANCH : MAIN BRANCH, FARIDABAD, INDIA |
| Camp Policy                             | Organisation will not respond for any kind of damage or issues the guest will make during their permanency at the hotel.<br><br>Shorter or longer permanency must to be agreed before the registration and it depends from the hotel availability.  |



## Registration Form

(Please Fill In Capital Letters Only)

RSports ID No.: \_\_\_\_\_ Date: \_\_\_\_\_

Track Suit Size: 34 / 36 / 38 / 40 / 42 / 44 / 46

Events: Ring ☐ Tatami ☐ (Please tick (✓) in only one option.

Category: Coach ☐ Athlete ☐ (Please tick (✓) in only one option.

Country: \_\_\_\_\_

Full Name: \_\_\_\_\_

Sex: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Pin Code: \_\_\_\_\_

Mobile No. \_\_\_\_\_ E-mail: \_\_\_\_\_

Signature of the Participant: \_\_\_\_\_

Stamp & Signature of Club /Academy \_\_\_\_\_

**For Office use - WAKO India**

**Certificate No.** \_\_\_\_\_



## Schedule



| Date                           | Day       | Time           | Program                                |
|--------------------------------|-----------|----------------|--|
| 19/04/2024                     | Friday    | 10.00 to 15.00 | Arrival of Participants & Registration |
| 20/04/2024                     | Saturday  | 07.30 to 08.30 | Breakfast                              |
|                                |           | 09.00 to 10.00 | Introduction & Opening Ceremony        |
|                                |           | 10.00 to 13.30 | Theoretical Session                    |
|                                |           | 13.30 to 14.30 | Lunch Break                            |
|                                |           | 16.00 to 20.00 | Practical Training Session             |
|                                |           | 20.00 to 21.30 | Dinner                                 |
| 21/04/2024<br>To<br>26/04/2024 | Sunday    | 06.00 to 08.00 | Practical Training Session             |
|                                | Monday    | 09.00 to 10.00 | Breakfast                              |
|                                | Tuesday   | 10.30 to 12.30 | Theoretical Session                    |
|                                | Wednesday | 13.00 to 14.30 | Lunch                                  |
|                                | Thursday  | 16.00 to 20.00 | Practical Training Session             |
|                                | Friday    | 20.00 to 21.30 | Dinner                                 |
| 27/04/2024                     | Saturday  | 06.00 to 08.00 | Practical Training Session             |
|                                |           | 09.00 to 10.00 | Breakfast                              |
|                                |           | 10.30 to 12.30 | Examination – Q/A                      |
|                                |           | 13.30 to 14.30 | Lunch                                  |
|                                |           | 16.30 to 17.30 | Award & Closing Ceremony               |
|                                |           | 20.00 to 21.30 | Sayonara Party                         |
| 28/04/2024                     | Sunday    | 07.00 to 10.00 | Departure of delegations               |







## Training Venue



Ooty officially known as Udhagamandalam is a town and a municipality in the Nilgiris district of the Indian state of Tamil Nadu. It is located 86 km north west of Coimbatore and is the headquarters of the Nilgiris district. Located in the Nilgiris Hills, it is known as the “Queen of Hill Stations” and is a popular tourist destination.





# INTERNATIONAL COACHES



**Mr. Nordio Manuel**  
International Coach, Italy

- Multi Italian Champion
- WAKO World Cup Winner 2000 and 2002 (Irish Open, Ireland) LC.
- WAKO World Cup Winner 2007 and 2009 (Austrian Classics, Austria) LC.
- WAKO World Cup Winner 2009 and 2010 (Bestfighter Italy) KL.
- Athens Challenge Winner 2005 and 2007 (Greece).
- Bronze Medal WAKO Europeans 2010 (Azerbaijan)
- Italian National Team Coach for Cadets/Juniors Since 2013.
- Italian National Team Coach for Seniors Since 2015.
- Instructor at Seminars in Many European Countries.
- Coach of Italian National Team at European Olympic Games 2023
- Black belt 5th degree.

- Mr. Miodrag Jotic, President of the movement for fair play
- Chief Coach: Serbia Kickboxing National Team.
- Ministry of Serbia being felicitated for development of sports in serbia in Year 2001
- Sports Association of Serbia: "Majska Nagrada" (The biggest sports award in Serbia) Category: Sports expert year 2014
- Sports Association of vojvodina: The best Coach of Year 2014.
- Ex President - Serbia Kickboxing Federation.
- Chief coach of Bulgaria Kickboxing national federation (2016-2019).
- European champion, World champion and Pioneer of kickboxing, savate and muaythai.



**Mr. Miodrag Jotic**  
Coach, Serbia



**Mr. Marco Ferrarese**  
Coach, Italy

- Multi Italian Champion.
- WAKO European Champion 1994.
- US Open Winner 1998.
- WAKO World Championship Silver Medal 1999.
- Irish Open Grand Champion Winner 2000.
- PHD in Sport Science and Education.
- Kickboxing and Athletic Coach.
- Black Belt 5th Degree.





# INTERNATIONAL COACHES



**Mr. Issa Abunassar**  
Coach, Jordan

- Member of the Coaches Committee of the International Federation (WAKO)
- Chairman of the Coaches Committee in the Arab and Jordanian Kickboxing Federation
- Technical Director of Jordan Kickboxing Federation
- The founder of kickboxing in Jordan and many Arab countries
- Certified international lecturer in theory and practice
- Former Chairman of the Technical Committee in the Arab Federation of Kickboxing and Muay Thai.

- Discipline: Light Contact 60 kg Senior
- Titles: WAKO World Champion 2023
- WAKO European Champion 2022
- European Olympic Games Winner 2023
- Irish Open Winner
- Austrian Classics Winner
- Multi times Italian Champion



**Ms. Luna Mendy**  
Coach, Italy







# WAKO India National Coaching Committee



**C Suresh Babu**

Chairman - Coaching Committee  
(Tamilnadu)



**Santosh K Agrawal**

Chief Coach - WAKO India  
(Haryana)



**Kartk Dakua**

Chairman - Tatami Sports  
(Odisha)



**Sachin**

National Coach  
(Haryana)



**Nilesh Shelar**

National Coach  
(Maharashtra)



**Sanayai Singh  
(Assam Rifles)**

National Coach  
(Manipur)



**Sidharth Bhalghare**

National Coach  
(Gujrat)



**S. Chandru**

National Coach  
(Tamilnadu)



**Nikesk Kumar Reddy**

National Coach  
(Telangana)



**Firoz Khan**

National Coach  
(West Bengal)



**Manjeet Singh**

National Coach  
(Odisha)



**Arun Alex David**

National Coach  
(Tamilnadu)



**Anju Sharma**

National Coach  
(Haryana)



**Rakshita Gowda**

National Coach  
(Uttarakhand)



**Kirti Rani Sahoo**

National Coach  
(Odisha)



**Sanju MS**

National Coach  
(Kerala)





WAKO INDIA INTERNATIONAL KICKBOXING TRAINING CAMP  
19TH -28TH SEPTEMBER 2023, SHILAROO, HIMACHAL PRADESH



## GLIMPSES







WAKO INDIA INTERNATIONAL KICKBOXING TRAINING CAMP  
19TH -28TH SEPTEMBER 2023, SHILAROO, HIMACHAL PRADESH



## GLIMPSES







## **WAKO INTERNATIONAL KICKBOXING TRAINING CAMP 19TH – 28TH APRIL 2024, J S S PUBLIC SCHOOL, OOTY, NILGIRIS, TAMILNADU**



### **HIGHLIGHTS OF THE SEMINAR**

In preparation of National/International Championships, WAKO India Kickboxing Federation organizes various Kickboxing Training Seminars across the country, from time to time, to make sure that Coaching and behavior of the Coaches are at their best. Rules are the heart and soul of our sport and, therefore, it is imperative that we review them every year to ensure that they are clear, concise and balanced one and thus get refreshed.

This time also, we will have the privilege of having the Training Camp, It goes without saying that the theoretical session as well as practical training will further sharpen the skills of all the participants to reach a level that of an International Player/Coaches.

#### **The unique highlights of the Seminar would be as follows:-**

1. Efficient Coach Education by renowned faculties.
2. Each participant is made self-confident of higher quality coaching at National & International arena.
3. High-end training ensuring qualification for National Coach Diploma/Licenses.
4. Versatile and all-round education & learning makes each participant eligible for WAKO India Diploma.
5. Seminar augments leadership skills and empowers each participant to be future professional leaders who can lead a team.
6. Each participant shall be trained with special dialogues and techniques which will enable them to overcome/tackle the upcoming challenges and stay ahead in the competitive environment.
7. Seminar will deal with each kickboxing style and the rules to be used during a tournament.
8. All Doubts are cleared on the spot.
9. Confidence and energy level of each participant increases and acknowledge their power in the capacity as 'COACH'.
10. By staying together during the Seminar days, each participant gets an opportunity to refresh, rejuvenate and mingle with each other and, thus feeling of oneness formed of 'WAKO Indian family'. Being together shall also help enhancing inter-personal skill.
11. Theoretical & Practical session arranged. These sessions will be more important, which will be instrumental in enhancing optimism of each partaker.
12. Discourse shall be arranged during the days on subject 'how to conduct injury free tournaments/trainings'.
13. Written examination to evaluate the knowledge and confidence level of each participant.
14. Appropriate Certification with proper Gradation to successful participants.
15. Identification of strengths and weaknesses programs to all National Registered Players by Screening / Gradation.
16. Classifying of strengths and weaknesses programs to all National Registered Coaches by Screening / Gradation.
17. Coaches and Players can register themselves for WAKO India Color and Black Belt Certification during the training camp to make them understand about the Kickboxing teaching relevant skills, tactics and techniques.
18. WAKO INDIA KICKBOXING FEDERATION would be very Strict in developing Kickboxing Sports and whereas every State Association will follow this Culture Spontaneously.
19. In this International Training Camp all the Coaches would be identified with their previous participation's in the Training camps and then the Grades would be awarded on their performance in this Training Camp @ Darjeeling.
20. Coaches who are participating in the International Camp for the first time will get the Participation Diploma Certification.

**AN OPPORTUNITY TO BECOME A WORLD CLASS COACH IN KICKBOXING!**